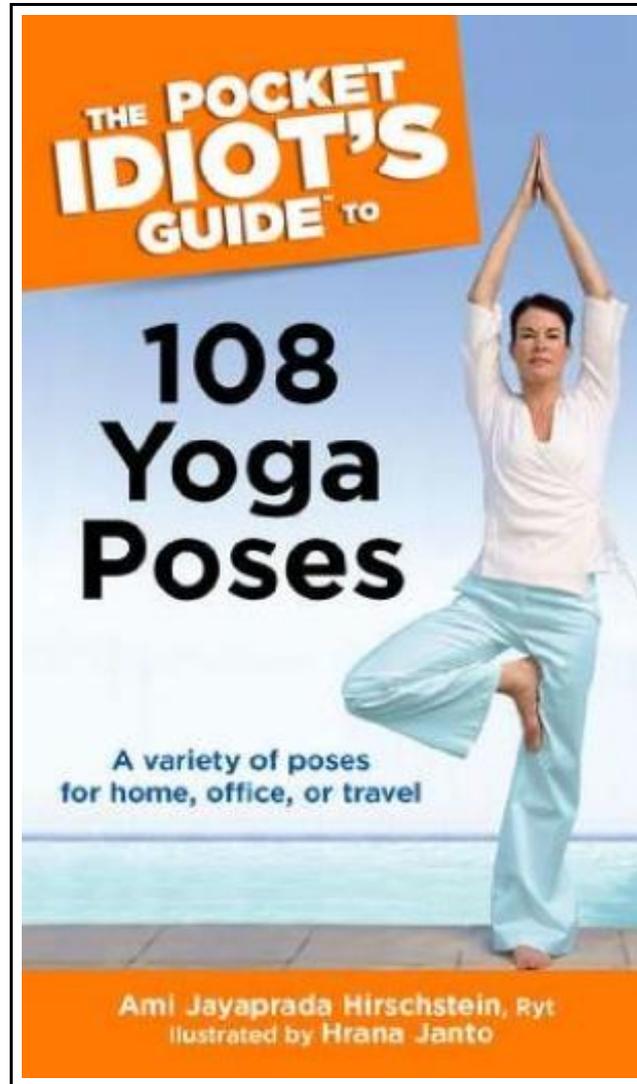


## The Pocket Idiot's Guide to 108 Yoga Poses



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