



## Vedas, Upanishads Patanjali Yoga Sutras: The Tripod of Ancient Hindu Wisdom

By MR T N Sethumadhavan

Createspace, United States, 2013. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.ABOUT THE BOOK: The Vedas are the earliest documents of the human mind that we possess. They are the most ancient literary monuments of the human race. The study of the Vedas is nothing but a search for the Truth, nothing but understanding ourselves, nothing but to know why we are born in this world and where we will be going when we drop this physical body. The purpose of the study is to discover and understand the truth behind the phenomenal universe and human existence. This study is a joint venture between the student and the teacher with full mutual trust and goodwill to find out an answer to the fundamental question of the purpose of human existence. While Vedas and the Upanishads lay down a theoretical framework for such study, Sage Patanjali s Yoga Sutras or Aphorisms analyze and prescribe a practical methodology for achieving that objective. They help us to realize our identity with the Divine Self, to make us aware and tune ourselves with our own intrinsic nature. Patanjali s Yoga system is a...



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